

# ANNUAL REPORT

2015



## **From The CEO's Desk**

Welcome to this year's Annual Report. This is the seventh year for QMed, and we have achieved a lot, but we still have miles to go before we sleep. The significant achievements this year include our delivering 60 lectures across the country (the highest number so far), our participation in the Cochrane Colloquium in Hyderabad, where a group from the Collaboration earnestly helped us raise funds. We raised a modest amount, but more importantly we gained international visibility and it led us to get some good collaborators for help with systematic review searches. I was also invited by a group that conducts MECOR – a week long workshop on research methods to deliver a lecture on searching and managing references. MECOR is an initiative of the American Thoracic Society. The group found this lecture so useful that they plan to video record it in the next year for a larger outreach.

We started working on our e-Learning portal through which we will reach out to students and professionals of all streams of health sciences, in order to make it easier for them to learn about online searching and to manage references. We have gone through some stumbling blocks in the process, but that is always a part of a large project.

Our biggest challenge still remains that of raising funds. We are very grateful to several donors who have been really generous. We need still more to recruit more program officers so that we have an optimal team to carry out our programs and also maintain our e-learning site, blog and other related initiatives. We thank all those who donated through GlobalGiving (we raised around \$9000 this year) and also those who donated directly. We hope that every year we do better, till our e-learning initiative helps us become self-sufficient.

The other challenge is to get our workshops recognized as a compulsory element in the medical curriculum. When there is an incentive/directive to learn, it seems to work better, and so we hope that the bodies – the Medical Council of India and allied state councils recognize this need. We have put in our best efforts to sensitize the Councils of the need for this learning to be a part of the curriculum.

Do continue to wish us well!

Vasumathi Sriganesh



### **Our Dream**

- Literature searching and referencing training becomes a part of the medical education curriculum in India.
- Trained health science professionals in every teaching institution teach and support students and professionals in good literature search and referencing practices
- Every health care institution provides access to important, evidence based resources to its students and faculty
- Institutions share resources, with effective technology usage, and adhere to good copyright practices

### **Thank you**

- ❖ All the donors who contributed through various mediums.
- ❖ Family and friends for constant support and encouragement.

### Highlights of the Year

1. We delivered 60 lectures at health science institutions/events across India.
2. Ms. Vasumathi Sriganesh was felicitated at the 10<sup>th</sup> Anniversary celebration of the GSMC FAIMER Regional Institute- a health professions faculty development program based out of Seth GS Medical College in Mumbai
3. Ms. Vasumathi was regularly invited to speak on topics related to Medical Literature Searching at various events of the Association of Medical Consultants (AMC), Mumbai.
4. MECOR- an initiative of the American Thoracic Society invited Ms. Vasumathi for an interactive session on Literature Searching and Reference Management for the third time in a row.
5. QMed participated in the 22<sup>nd</sup> Cochrane Colloquium held in Hyderabad.
6. We started Workshops@QMed, an initiative to conduct training programs in our office for small groups.
7. We also conducted workshops through skype for outstation students and professionals outside Mumbai.



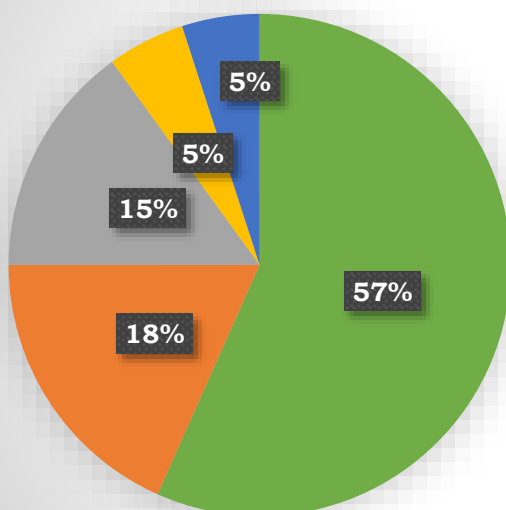
## Lectures and Training Programs in Literature Search and Reference Management

This year we delivered 60 lectures in health science institutions across India.

This has been the highest number till date, till we break this record next year.

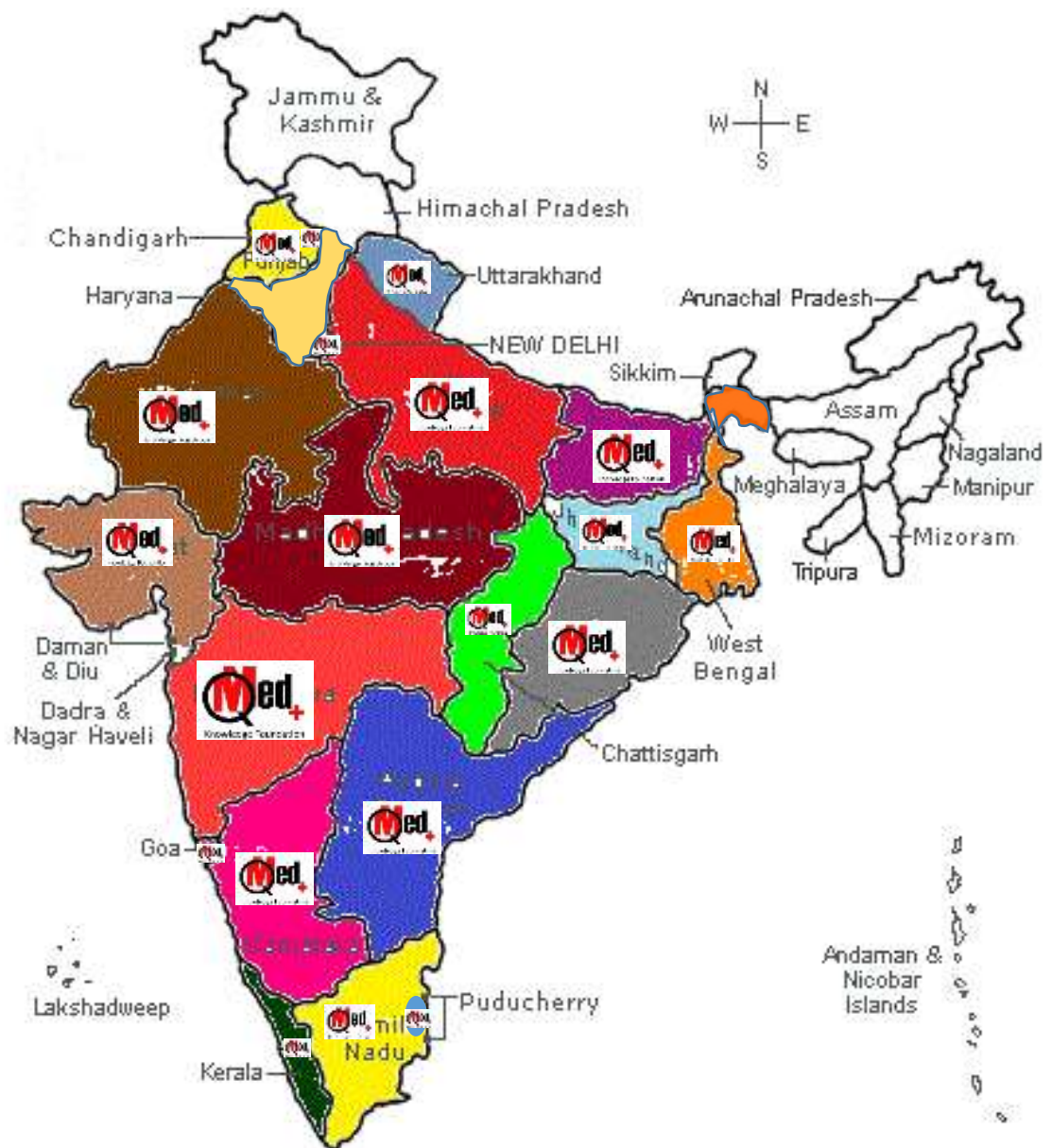


### Lectures in 2014-15



- Govt. Colleges in Mumbai
- Allied Health Sciences Institutions in Mumbai
- Medical Events across India
- Other Medical Colleges in Mumbai
- Medical/Allied institutions in other cities

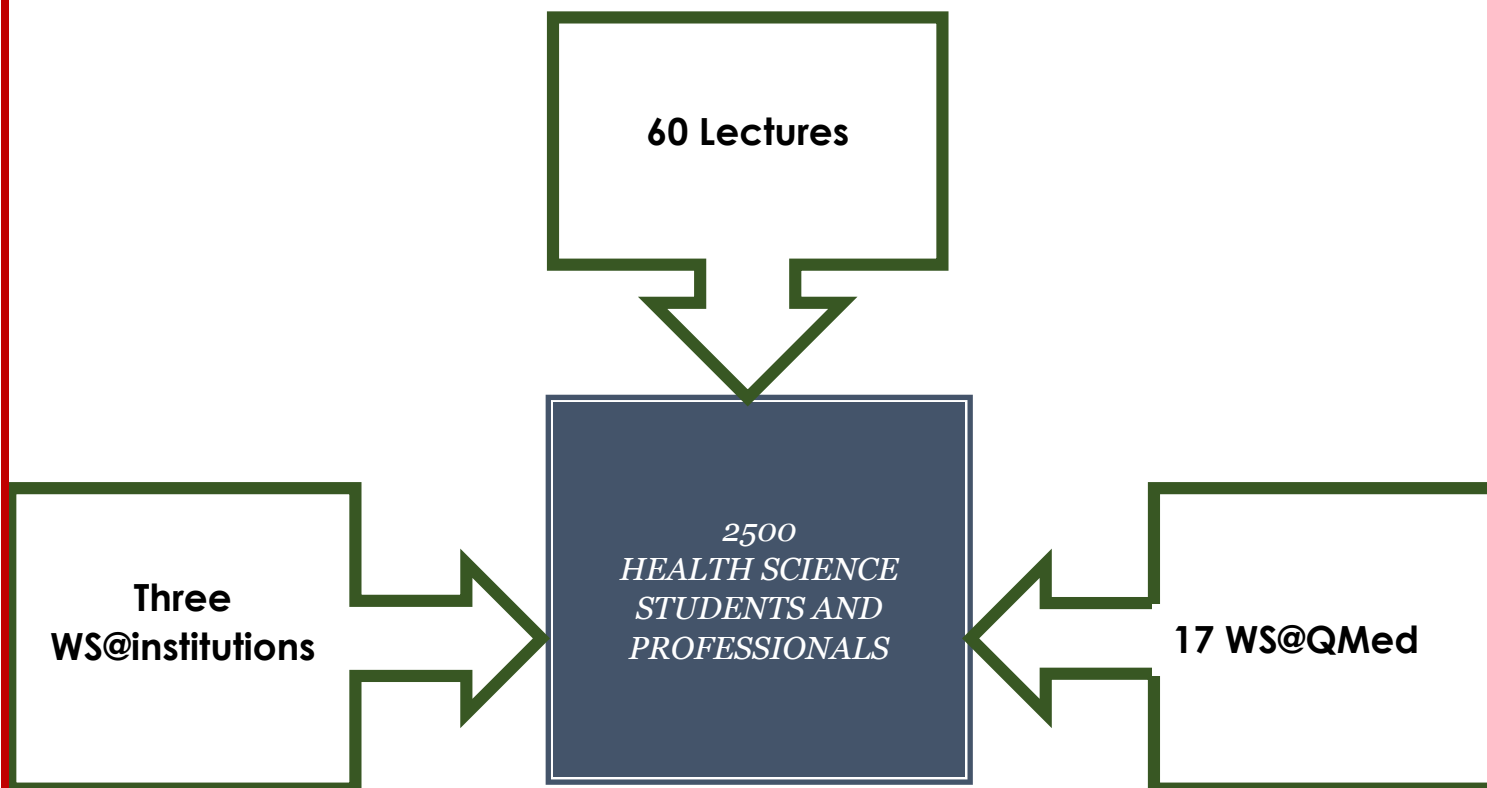
### QMed's presence across India



### Lectures that need a special mention

1. **ASHWINI (Association for Health Welfare in the Nilgiris) Adivasi Hospital, Gudalur, Tamil Nadu-** A Charitable Organization working at delivering comprehensive health care to the Adivasi community in the Gudalur Valley.
2. **Silver Jubilee celebration of DY Patil University at DY Patil Medical College, Navi Mumbai-** The challenges of bridging the information literacy gap, for the practice of evidence based health care in India.
3. **Academy of Family Physicians of India-** First CME of the Kerala Chapter of AFPI
4. **Quest Medical Academy-** A venture by Dr Sushant Shinde to teach MBBS students
5. **Zenith 2K15-** An under-graduate students' event at Rajiv Gandhi Medical College, Thane
6. **Consumer oriented lecture** on searching health information, for employees of NSEiT – a corporate organization as part of the Women's Day initiatives by the company.

### The Year in Numbers





**We introduced Workshops@QMed , small group training program in our office.**

**We conducted around 20 such training sessions.**



This is an excellent introduction to good ways of training minds to evaluate, study, write and infer from the clinical material that we handle daily. MUHS has made RM workshops compulsory for students. This should be included in them. Also they should be a part of UG curriculum.

*Faculty –Grant Medical College, Mumbai*

***What the Participants Say about our training...***

It was amazing, the sheer man-hours it saves is incredible. A real tragedy that quality of work suffers because we are ignorant about how to use technology. It should be part of MBBS curriculum right from first year, so that it promotes an aptitude for evidence based medicine and research and changes the outlook of students who otherwise consider literature reviews to be tedious and time-consuming. Best of luck. Looking forward to the other courses and e-learning.

*UG-Grant Medical College, Mumbai*



This session with QMed has quenched my thirst of understanding a simpler way of reviewing relevant articles. Hopefully this will be the foundation of making me an author soon.

*Faculty, LTMMCH, Mumbai*

I am really thankful to QMed for letting me know that doing research (especially literature searching) is not that horrible. I can save my precious time now by looking for just what I needed.

*UG Student- MGMC, Jaipur*



## QMed@ The 22<sup>nd</sup> Cochrane Colloquium, Hyderabad, 2014



### MAKE A DONATION

TO SUPPORT COLLEAGUES INSPIRING A NEW GENERATION OF EVIDENCE-BASED PRACTITIONERS



**Vasumathi Sriganesh**  
Director  
QMed

*"In India there is practically no training in medical schools on searching medical literature and the proper use of online databases. As a medical librarian, I realised this training was inadequate and was inspired to set up QMed. The QMed Knowledge Foundation is a not for profit trust that provides training to all healthcare professionals on information retrieval."*

*"Vasu and her colleagues are passionate about pursuing high quality evidence."*  
Prathap Tharyan, Director, The South Asian Cochrane Network and Center.

In 2013, Vasumathi was recognized for her work by the Maharashtra University of Health Sciences, and won the International Clinical Librarian Conference Evidence into Practice award.

[www.qmed.org.in](http://www.qmed.org.in)  
[info@qmedkf.org.in](mailto:info@qmedkf.org.in)



*"After coming out from these western sessions I am always left feeling like I need to rock away like a Palaeolithic man with his primitive stone implements."*  
Frank Chatterjee, Senior resident

*"I was also introduced to the Cochrane Library - especially CDSR - which makes me very eager to participate in meta-analysis studies."*  
Kanchan Choudhary, Physician

*"With QMed's guidance I am now able to access any most genuine requirements of journal articles and deliver answers to therapeutic ailments."*  
Vijaya Giridharan, post graduate Psychiatry

To make a donation visit the QMed team at the EHCRC stall in the Exhibition Hall



- ❖ QMed was selected as the NGO from India to raise funds at the Colloquium
- ❖ We got stall space and thus an opportunity to showcase our work to more than 600 delegates from across the world
- ❖ It so emerged that QMed is probably the only non-profit in Asia working in the area of teaching literature searching
- ❖ VS spoke at a plenary session on Capacity Building
- ❖ QMed's work was encouraged and acknowledged as much needed
- ❖ Few groups from the Cochrane Network expressed interest in collaborating with QMed
- ❖ We raised around Rs 10000 in the event.
- ❖ Special mention of thanks to Jackie Chandler- coordinator of Cochrane Methods Group and Carol Lefebvre- co-convenor, Cochrane Information Retrieval Methods Group for their valuable inputs in QMed's fund-raising efforts.

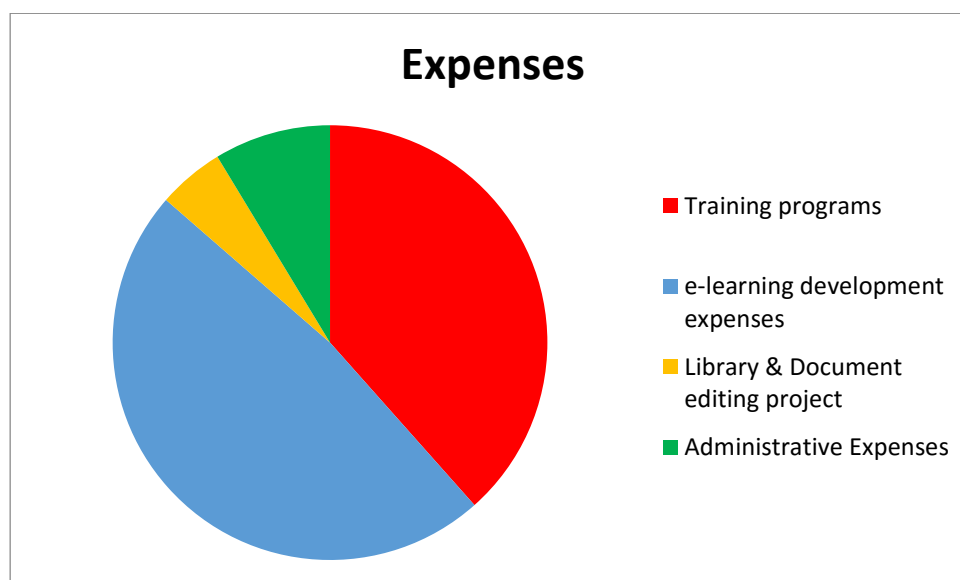
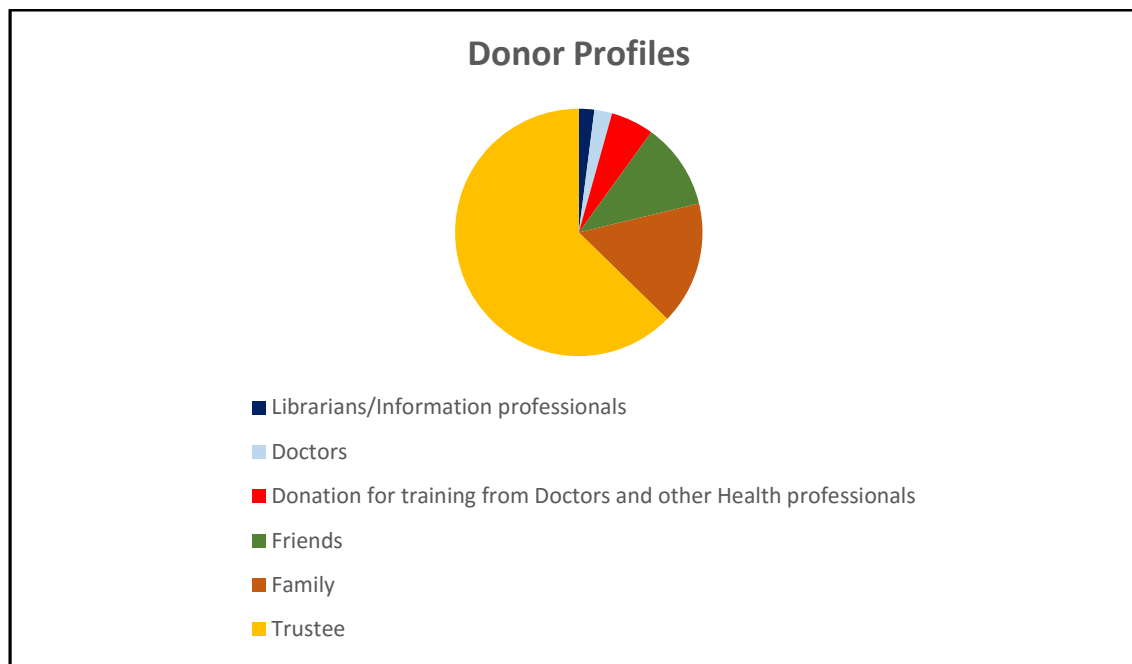
## QMed Participates

Key Events in which QMed Participated	
<b>Leveraging technology, innovation, people power, and partnerships’ by India+SocialGood</b>	  
An event by iVolunteer on <b>Volunteering</b>	
A workshop on the <b>Content Management</b> for publications of NGOs by <b>iVolunteer</b>	
An event on " <b>Branding</b> " for NGOs by <b>Helpyourngo.com</b>	
A summit on Social Media and Fund Raising by Global Giving	
A one day seminar on <b>E-books and E-delivery</b> of information by <b>Algorhythms &amp; HDFC</b>	
<b>‘Transforming NGOs- through ITA way to achieve sustainable Scale’, a workshop by Mastek Foundation</b>	
<b>“New strategies in NGO leadership”</b> by Centre for Education in the Social Sector – a department of the SP Jain Institute of Management.	
<b>Fund-raising workshop by GlobalGiving</b> on using the opportunity of a giving culture in the US in December (Christmas and the time to avail of year-end tax exemption options) to raise funds.	
<b>Theory of Change workshop by CAP</b> and conducted by Sheila Chanani, on the importance TOC frameworks in developing monitoring and evaluation processes.	
<b>Workshop on Certification Tools by Guidestar India</b> on how non-profits could be ready with voluntary disclosures and transparency details, so that funders could get all these details.	
Workshop on <b>Governance</b> conducted by <b>CAP</b>	

### **Challenges we are striving to overcome**

1. **Fund-raising** – This is a perennial challenge for an NGO. Our unique area of work combined with the ignorance of various medical regulatory bodies about the need and importance of our work, makes our fund-raising efforts all the more challenging. Ideally we want the health science professionals to contribute to our not-for-profit. However, till that happens we continue to raise funds from the founder's friends, family, trustees and their friends and several well-wishers spread across the globe.
  
2. **Workshops @institutions** - It is gradually emerging that though the institutions have all the good intentions to conduct our workshops, it does not come-up on the priority list like any workshop on a clinical topic. There are many reasons for this, the most significant being that literature search is not considered significant enough in the area of research unlike statistics or any other research related topic. Hence, we have come up with innovative ways to tackle this. Where it seems that organizing a workshop is little difficult we recommend a 1-1.5 hour awareness lecture so that at least the audience gets an exposure to the subject. Once a lecture is done, with positive feedback, chances of the institution inviting us for a workshop becomes higher.

## Income-Expenditure



Name of Public Trust: QUALITY MEDICAL KNOWLEDGE FOUNDATION

Balance Sheet as at: 31st March 2015

Registration No.: E-24663 (MUM)

FUNDS & LIABILITIES	Rs.	Rs.	PROPERTY AND ASSET	Rs.	Rs.
<b>Trusts Funds or Corpus :-</b>			<b>Immovable Properties :- ( At Cost )</b>		
Balance as per last Balance Sheet	57,500		Balance as per last Balance Sheet		
Adjustment during the year (give details)			Additional during the year		
Corpus Donation Rcd		57,500	Less: Sales during the year		
			Depreciation up to date		
<b>Other Earmarked Funds</b>			<b>Investment :-</b>		
( Created under the provisions of the trust deed of scheme or out of the Income )			<b>Note : The Market value of the above investments is Rs. ....</b>		
Depreciation Fund			<b>Furniture &amp; Fixtures :-</b>		
Sinking Fund			Balance as per last Balance Sheet		
Reserve Fund		18,26,000	Additional during the year		
E- Learning Portal Fund			Less: Sales during the year		
			Depreciation up to date		
<b>Loans ( Secured or Unsecured ) :-</b>			<b>Other Assets</b>		
From Trustees		10,80,512	E-Learning Software (WIP)		18,26,000
From Others					
			<b>Loans (Secured or Unsecured ) : Good/ doubtful</b>		
<b>Liabilities</b>			Loan Scholarships		
For Expenses		16,854	Other Loans		
For Advances		0	<b>Advance :-</b>		
For Rent and Other Deposits		0	To Trustees		
For Sundry Credit Balances		2,285	To Employees		
			To Contractors		
			To Lawyers		
			To Others	2,53,941	2,53,941
<b>Income and Expenditure Account :-</b>			<b>Income Outstanding</b>		
Balance as per last Balance Sheet			Rent		
Less : Appropriation, if any			Interest		
Less : Deficit as per Income & Exp. A/C			Other Income	11,017	11,017
Add : Surplus as per Income & Exp. A/C			<b>Cash and Bank Balance :-</b>		
			(a) In Current Account with ..	1,84,228	
			In Fixed Deposit Account with		
			(b) With the Trustee Cash on Hand		
			(c) With the manager Cash on Hand	10,946	1,95,174
			<b>Income and Expenditure Account :-</b>		
			Balance as per last Balance Sheet (Deficit)	10,31,698	
			Less : Appropriation, if any ..		
			Add : Deficit as per Income & Expenditure Account	0	
			Less : surplus as per Income & Expenditure Account	3,34,679	6,97,019
<b>Total Rs. ....</b>		<b>29,83,151</b>	<b>Total Rs. ....</b>		<b>29,83,151</b>

As per our report of even date  
for Mahadev Desai Associates  
Chartered AccountantsMahadev Desai  
Proprietor  
Membership No.: 041280  
Mumbai

Dated : 2nd September 2015

The above Balance Sheet to the best of our belief contains a true account of the Funds  
and Liabilities and of the Property and Assets of the trust

TRUSTEES





## SCHEDULE - IX

[Vide Rule 17(1)]

Name of Public Trust: QUALITY MEDICAL KNOWLEDGE FOUNDATION

Registration No. : E-24663 (MUM)

Income &amp; Expenditure for the period ending : 31st March 2015

Expenditure	Rs.	Rs.	Income	Rs.	Rs.
<b>To Expenditure in Respect of properties</b>			(accrued)		
Rates, Taxes, Cesses			<b>By Rent</b> -----		
Repairs & Maintenance			(realised)		
Salaries			(accrued)		
Insurance			<b>By Interest (net)</b> -----		
Depreciation (by way of provision of adjustments)			(realised)		
Other Expenses			On Securities		
			On Loan		
<b>To Establishment Expenses (As per Sch 3)</b>		1,75,670	On Bank Account & Bank FD		6,552
<b>To Remuneration to Trustees</b>					
<b>To Remuneration (in the case of a math) to the head of the math including his household expenditure, if any</b>					
<b>To Legal Expenses</b>					
<b>To Audit Fees</b>		16,854			
<b>To Contribution and Fees</b>			<b>By Dividend</b>		
<b>To Amount written off :</b>			<b>By Donations in Cash or kind</b>		10,09,547
(a) Bad Debts			<b>By Grants</b>		
(b) Loan Scholarship					
(c) Irrecoverable Rents					
(d) Other Items					
<b>To Miscellaneous Expenses</b>					
<b>To Depreciation</b>					
<b>To Amount Transferred to Reserve or Specific Funds</b>					
<b>To Expenditure on Objects of the Trust :</b>					
(a) Religious					
(b) Educational (As per Sch 1)	3,82,990		<b>By Transfer From Reserve</b>		
(c) Medical Relief					
(d) Relief of Poverty					
(e) Other Charitable Objects (as per Sch-2)	1,05,906				
		4,88,896			
<b>To Surplus carried over to Balance Sheet</b>		3,34,679			
<b>Total Rs.....</b>		10,16,099	<b>Total Rs.....</b>		10,16,099

As per our report of even date  
For Mahadev Desai Associates  
Chartered Accountants

Mahadev Desai  
Proprietor  
Membership No.: 041280  
Mumbai  
Dated : 2nd September 2015



*[Signature]*

TRUSTEES

*[Signature]*

*[Signature]*



**Looking forward [2015-2016]**

- ❖ Make our workshops a regular feature in the PG orientation programs.
- ❖ Launch e-learning courses on Information Resources, Literature Search and Reference Management.
- ❖ Organize train the trainer programs.
- ❖ Conduct training programs for librarians working in health science colleges/hospitals so that they can ensure optimum utilization of the library resources and become a point of contact for the students and professionals of the institution for this subject.
- ❖ Encourage medical institutions to conduct literature search and reference management training programs for the under-graduate students.



## About QMed

### What is QMed?

QMed Knowledge Foundation is a not-for-profit Trust set up in 2007, working in the area of medical education and research.

### What we do and how we do it:

We teach health science professionals (medical students, doctors, librarians) to search for health information from recognized online resources in a systematic manner, so that healthcare will be provided based on the best of updates and evidence, from the world literature. We conduct training programs in medical institutes and hospitals in India and organize a few on our own to impart literature search and reference management skills. In future, we plan to teach consumers how to find reliable and authentic information, so that they interact with their healthcare providers and share the responsibility of their healthcare decisions.

### Why do we need to do this?

The medical curriculum in India does not incorporate the required training to search and retrieve health information. To add to it today there is an overload of information available especially on the internet. Health professionals tend to rely on the most accessible and easily available information compromising on its authenticity, reliability and accuracy. This directly impacts patient care. Hence, we teach them the skills to find health information from authentic sources and use it for best patient care. The patient / consumer community also need similar training, to find reliable information, in order to be able to participate responsibly in their health care decisions.

### Who are the people in QMed?

Trustees	Team	
	CEO:	Hon. Dir. Projects:
Dr Anand Shandilya- MD DCH Dr Bhavin Jankharia- MD, DMRD Mr P Sriganesh, B.Sc., FCA, FCS	Ms. Vasumathi Sriganesh MLIS	Ms. Parvati Iyer MLIS
	<b>Program Associate:</b> Ms. Lakshmi Padmanabhan BMM, MSW	<b>Hon. Consultants:</b> Ms. Dipti Suvarna BSc Ms. Smita Srinivasan MLIS
	Ms. Fatima Shaikh MLIS	<b>Honorary Accountant:</b> Ms. Jayanthi Raghunath BSc

**Vision**

Health care services to society will be based on the effective utilization of the best available current evidence from systematic research.

**Mission**

To enable health professionals, institutions, patients and health consumers working in the health care sector, to obtain the best evidence from systematic research, in order to ensure accurate delivery and availability of optimal health care services.

**Objectives**

- To conduct training programs to equip students, faculty and researchers with skills needed for Evidence Based Practice
- To create high quality teaching aids to supplement training programs
- To enable the health science community to access reliable and up-to-date medical information
- To enable medical libraries to enhance resource-sharing activities
- To conduct workshops for health consumers and patients to help them find reliable evidence based information so that they can communicate correctly with health providers and participate responsibly in their own health care
- To collaborate with individuals and organizations with similar goals

**Would you like to use**

**I CAN HELP!**

**You can help us make a difference to  
the way people search and use health information**

**US/UK citizens can donate through our:**

**Global Giving – US page:** <https://www.globalgiving.org/projects/better-doctors-india/>

**Global Giving UK page:** <http://www.globalgiving.co.uk/projects/better-doctors-india/>

Indian citizens/Indian passport holders (even if you reside outside India)	
Cheque Payment	Bank Transfer
<p><b>On – par Cheques favouring</b> <b><u>“Quality Medical Knowledge Foundation”</u></b></p> <p>Please courier cheques to: QMed Knowledge Foundation A-3, Shubham Centre, Cardinal Gracious Road Chakala, Andheri East, Mumbai 400099</p>	<p>Axis Bank Ltd Account Name- Quality Medical Knowledge Foundation Savings A/c No: 395010100192880 IFS CODE – UTIB0000395 MIDC-Andheri (Mumbai) Branch</p>

<b>Trust Registration No.</b>	E-24663
<b>PAN No.</b>	AAATQ0120B
<b>Income Tax Approval Number for 80G</b>	TR/41728 dated 03.06.2008
<b>FCRA Number</b>	083781318

**Contact Details**

**QMed Knowledge Foundation**

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Cardinal Gracious Road, Chakala,  
Andheri East, Mumbai – 400099.

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Fax: 91-22-40054358

Email: [info\[at\]qmedkf.org.in](mailto:info[at]qmedkf.org.in)

Website: [www.qmed.org.in](http://www.qmed.org.in)

Directory of Indian Medical Sites: [www.indianmedicalsites.in](http://www.indianmedicalsites.in)

A dose of information